**4to CRD / Activities UNIT 3**

* **DESCRIBING PROCEDURES**
* **LESSON 1. Task I. READING on page 19**

**Exercises 2, 3 , 4 on page 20**

* **LESSON 2. Describing procedures**

**Exercises 2, 3 on page 24**

* **IMPORTANT: To describe a procedure you must use some connectors:**

1. **First …**
2. **Next ….**
3. **After that ….**
4. **Then** …
5. **Finally ….**

* **STEPS TO BE FOLLOWED WHEN FILLING A SYRINGE**

1. **First ,** the rubber stopper **is cleaned** with an alcohol sponge
2. **Next,** pushes down the plunger and air **is injected** into the vial
3. **Then ,**the needle **is inserted** into the vial
4. **After that** , the vial **should be inverted** to withdraw the dose
5. **Finally,** I **draw** air equal to the prescribed dose into the syringe

* **STEPS TO BE FOLLOWED to CHECK TEMPERATURE**

1. **First ,** clean the tip with cold water and soap.
2. **Next,** rinse thetip
3. **After that ,**turn the thermometer on
4. **Then ,** place the tip of the thermometer in the center of the armpit
5. **Next,** squeeze his/her arm against his/her body to hold thethermometer in place
6. **After that,** keep the thermometer in his/her armpit until it beeps
7. **Then**, removethe thermometer
8. **Finally** , report the reading in the patient´s chart

* **STEPS TO BE FOLLOWED to INJECT A PATIENT**

1. **First ,** Wash your hands and prepare the equipment
2. **Next,** identify the patient and prepare him/ her psychologically
3. **After that** , select the site and palpate it
4. **Then ,** clean the site with an alcohol sponge
5. **Next,**  stretch the skin and insert the needle at an angle of 90 degree
6. **After that**, introduce the indicated dose
7. **Then**, remove the needle and make light digital pressure
8. **Next,** observe the patient´s reaction
9. **Finally ,**wash your hands again and write the observations on the patient´s chart

* **EXERCISES** : EX 1 ,2 page 25 / Ex 3 page 26 /
* **EVALUATION** : Ex. 1 page 26 ( Role Play)